



BREAKFAST MENU

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Plain French Toast Scrambled Eggs Whole Wheat Bread Turkey Breakfast Sausage Patty Cantaloupe 1% Low Fat Milk Pancake Syrup	1	2 Scrambled Eggs w/ Red Peppers & Onions Pancakes Whole Wheat Bread Turkey Breakfast Sausage Patty Orange 1% Low Fat Milk Pancake Syrup	3	4 Oatmeal (1 cup) Scrambled Eggs Home Fries w/ Peppers & Onions Whole Wheat Bread Apple 1% Low Fat Milk Ketchup (packet)
7 Plain French Toast Scrambled Eggs Whole Wheat Bread Turkey Breakfast Sausage Patty Cantaloupe 1% Low Fat Milk Pancake Syrup	8	9 Scrambled Eggs w/ Red Peppers & Onions Pancakes Whole Wheat Bread Turkey Breakfast Sausage Patty Orange 1% Low Fat Milk Pancake Syrup	10	11 Oatmeal (1 cup) Scrambled Eggs Home Fries w/ Peppers & Onions Whole Wheat Bread Apple 1% Low Fat Milk Ketchup (packet)
14 Plain French Toast Scrambled Eggs Whole Wheat Bread Turkey Breakfast Sausage Patty Cantaloupe 1% Low Fat Milk Pancake Syrup	15	16 Scrambled Eggs w/ Red Peppers & Onions Pancakes Whole Wheat Bread Turkey Breakfast Sausage Patty Orange 1% Low Fat Milk Pancake Syrup	17	18 Oatmeal (1 cup) Scrambled Eggs Home Fries w/ Peppers & Onions Whole Wheat Bread Apple 1% Low Fat Milk Ketchup (packet)
21 Plain French Toast Scrambled Eggs Whole Wheat Bread Turkey Breakfast Sausage Patty Cantaloupe 1% Low Fat Milk Pancake Syrup	22	23 Scrambled Eggs w/ Red Peppers & Onions Pancakes Whole Wheat Bread Turkey Breakfast Sausage Patty Orange 1% Low Fat Milk Pancake Syrup	24	25 Oatmeal (1 cup) Scrambled Eggs Home Fries w/ Peppers & Onions Whole Wheat Bread Apple 1% Low Fat Milk Ketchup (packet)
28 Plain French Toast Scrambled Eggs Whole Wheat Bread Turkey Breakfast Sausage Patty Cantaloupe 1% Low Fat Milk Pancake Syrup	29	30 Scrambled Eggs w/ Red Peppers & Onions Pancakes Whole Wheat Bread Turkey Breakfast Sausage Patty Orange 1% Low Fat Milk Pancake Syrup	3	4 Oatmeal (1 cup) Scrambled Eggs Home Fries w/ Peppers & Onions Whole Wheat Bread Apple 1% Low Fat Milk Ketchup (packet)