



MARCH 2020 ACTIVITIES CALENDAR - ADAP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 PROGRAM WITH YESHIVA SPEECH STUDENTS 2:00 Trivia	3 10:00 Coffee / Today In History 11:00 Before and After 12:00 Lunch 1:00 Stretch and Move Exercise 2:00 Card Bingo	4 10:00 Coffee / Today In History 11:00 PROGRAM WITH COLUMBIA OT STUDENTS 12:00 Lunch 1:00 ART PROGRAM WITH HOLLIE FROM THE JEWISH MUSEUM	5 10:00 Coffee / Today In History 11:00 Rhyme Time 12:00 Lunch 1:00 This or That? 2:00 PAINTING WITH DONNA	6 10:00 Coffee / Today In History 11:00 A to Z 12:00 Lunch 1:00 EXERCISE WITH KIM 2:00 Bingo
9 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 HORTICULTURAL PROGRAM WITH BARBARA 2:00 Sing Along (with Peter)	10 <i>Purim</i> 10:00 Coffee / Today In History 11:00 Famous Faces 12:00 Lunch 1:00 TAI CHI WITH BRUCE 2:00 TIME SLIPS WITH GRACE	11 10:00 Coffee / Today In History 11:00 PROGRAM WITH COLUMBIA OT STUDENTS 12:00 Lunch 1:00 ART PROGRAM WITH HOLLIE FROM THE JEWISH MUSEUM	12 10:00 Coffee / Today In History 11:00 Word Grid 12:00 Lunch 1:00 Movie - TBD 2:00 Riddles	13 10:00 Coffee / Today In History 11:00 Name 10 If We Can 12:00 Lunch 1:00 MUSIC WITH SETH 2:00 Jeopardy!
16 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 MUSIC WITH WALLY 2:00 Wheel of Fortune	17 <i>St. Patrick's Day</i> 10:00 Coffee / Today In History 11:00 Hangman 12:00 Lunch 1:00 CHAIR FLOW YOGA WITH KATHLEEN 2:00 Art – St. Patrick's Day	18 10:00 Coffee / Today In History 11:00 Word Search 12:00 Lunch 1:00 ART PROGRAM WITH HOLLIE FROM THE JEWISH MUSEUM	19 10:00 Coffee / Today In History 11:00 Documentary - TBD 12:00 Lunch 1:00 EXERCISE WITH KIM 2:00 Finish The Phrase	20 10:00 Coffee / Today In History 11:00 Famous Places and Flags 12:00 Lunch 1:00 Name That Tune 2:00 PAINTING WITH DONNA
23 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 PROGRAM WITH YESHIVA SPEECH STUDENTS 2:00 20 Questions	24 10:00 Coffee / Today In History 11:00 Giant Crossword 12:00 BIRTHDAY LUNCH 1:00 BIRTHDAY CONCERT 2:00 BINGO IN THE CENTER	25 10:00 Coffee / Today In History 11:00 PROGRAM WITH COLUMBIA OT STUDENTS 12:00 Lunch 1:00 TAI CHI WITH BRUCE 2:00 Family Feud	26 10:00 Coffee / Today In History 11:00 Trivia 12:00 Lunch 1:00 Stretch and Move Exercise 2:00 The Price Is Right	27 10:00 Coffee / Today In History 11:00 Famous Faces 12:00 Lunch 1:00 You Be The Judge (with Peter) 2:00 MUSIC WITH WALLY

Funded in part by the New York City Department for the Aging (DFTA). Activities may be subject to change.



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<p>30 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 PROGRAM WITH YESHIVA SPEECH STUDENTS 2:00 What's That Symbol?</p>	<p>31 10:00 Coffee / Today In History 11:00 Anagrams 12:00 Lunch 1:00 MUSIC WITH SETH 2:00 Concentration</p>			<p>DON'T FORGET! DAYLIGHT SAVING TIME BEGINS AT 2:00 AM SUNDAY, MARCH 8, 2020 (set clocks ahead one hour)</p>
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Unplanned activities: Word Chain, Pictionary, Opposites, Dice – First to 50, Table Games/Dominoes, Charades