

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Tuna Nicoise Salad Classic Macaroni Salad Whole Wheat Bread Garden Salad Frozen Mixed Berries Orange Pineapple Juice</p>	<p>4 Baked Breaded Chicken Cutlet Whole Wheat Bread Baked Red Potato Wedges Italian Blend Vegetables Grapes</p>	<p>5 Bake Fish Fillets Whole Wheat Bread Brussel Sprouts Mexican Corn Confetti Sautéed Orange Orange Pineapple Juice</p>	<p>6 Turkey Meatloaf with Mushrooms and Peppers Whole Wheat Bread Instant Mashed Potatoes Sautéed String Beans Apple Juice</p>	<p>7 BBQ Pulled Pork Whole Wheat Hamburger Bun Cole Slaw Cucumber Dill Salad Canned pears Grape Juice</p>
<p>10 Tuna Fish Salad Corn, Black Bean and Pepper Salad Whole Wheat Bread Tossed Salad with Dressing Grape Juice Sliced Canned Peaches</p>	<p>11 Beef Stroganoff with Noodles Whole Wheat Bread Kale and Tomato Orange</p>	<p>12 PHILIPPINE INDEPENDENCE Chicken Adobo Rice with Vegetables Whole Wheat Bread Cabbage Carrot Slaw Fruit Cocktail Orange Pineapple Juice</p>	<p>13 Garden Bounty Soup Salmon Burger Roasted Sweet Potato Fries Whole Wheat Bread Israeli Salad Apple Juice Banana</p>	<p>14 45th ANNIVERSARY MEMBER CELEBRATION Orzo Stuffed Peppers Chickpea Salad With Tomatoes and Parsley Whole Wheat Bread California Blend Vegetables Grapes (FREE LUNCH)</p>
<p>17 FATHER'S DAY LUNCH Baked Fish with Garlic Sauce Quinoa with Kale and Carrots Whole Wheat Bread Steamed Broccoli Grapes Apple Juice Ice Cream Cookie</p>	<p>18 Soup Turkey Burger Whole Wheat Bread Baked Potatoes Wedges Red Cabbage Salad Watermelon</p>	<p>19 Red Borscht Egg Salad Whole Wheat Bread Romaine, Carrot Beet and Chickpea Salad Fruit Cocktail Orange Pineapple Juice</p>	<p>20 Roasted Chicken Whole Wheat Bread Garlic Mashed Potatoes Sautéed String Beans Cantaloupe Grape Juice</p>	<p>21 Chicken Salad Pasta Salad Whole Wheat Bread Carrot Salad Apple Grape Juice Summer Solstice Sundae</p>
<p>24 Cobb Salad With Grilled Chicken Cucumber tomato Salad Whole Wheat Bread Broccoli & Red Peppers Salad Sliced Peaches Fruit cocktail Apple Slices</p>	<p>25 Tuna Salad Pasta Salad Carrots Slaw Whole Wheat Bread Sliced Peaches Orange Pineapple Juice</p>	<p>26 Egg Salad Lite with Lettuce Chickpea Salad with Dill Whole Wheat Bread Baby Spinach Salad Apple Juice Canned Pears</p>	<p>27 Chicken Salad Potato Salad Garden Salad Whole Wheat Bread Banana</p>	<p>28 4th of July Celebration Turkey Burger Corn on the Cob Cole Slaw Potato Salad Watermelon slice Ice Cream</p>
			<p>Meals are chosen from the DFTA pre-approved menus, which provide a nutritionally balanced diet</p>	<p>Alternates available daily— You must place your choice no later than 11:30AM</p>