

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <i>Hanukkah</i> 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 A to Z 2:00 Bingo	4 10:00 Coffee / Today In History 11:00 Rhyme Time 12:00 Lunch 1:00 Name The Tune / Music Bingo 2:00 20 Questions	5 10:00 Coffee / Today In History 11:00 Hangman 12:00 Lunch 1:00 Stay Well Exercise / Ball Toss 2:00 Documentary Film and Talk	6 10:00 Coffee / Today In History 11:00 YOGA WITH NATALIE 12:00 Lunch 1:00 Wheel of Fortune OR Jeopardy 2:00 Ring Toss / Bean Bag Toss	7 10:00 Coffee / Today In History 11:00 Name 10 If We Can 12:00 Lunch 1:00 MUSIC WITH SETH 2:00 Concentration
10 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 Word Grid 2:00 Bingo	11 10:00 Coffee / Today In History 11:00 Trivia 12:00 Lunch 1:00 Sing-Along 2:00 You Be The Judge	12 10:00 Coffee / Today In History 11:00 This or That? 12:00 Lunch 1:00 Stay Well Exercise / Ball Toss 2:00 Family Feud	13 10:00 Coffee / Today In History 11:00 Famous Faces 12:00 Lunch 1:00 PROGRAM WITH SW INTERN HANNAH 2:00 Dice – First to 50	14 10:00 Coffee / Today In History 11:00 EXERCISE WITH CHRISSEY 12:00 Lunch 1:00 Finish The Phrase 2:00 PAINTING WITH DONNA
17 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 COLLAGE PROGRAM WITH YAFFA HERMAN 2:00 Bingo	18 10:00 Coffee / Today In History 11:00 YOGA WITH NATALIE 12:00 Lunch 1:00 Wii Music and Dance 2:00 Conversation Starters	19 10:00 Coffee / Today In History 11:00 Famous Symbols 12:00 Lunch 1:00 GARDENING WITH BARBARA 2:00 Card Bingo	20 10:00 Coffee / Today In History 11:00 Name 10 If We Can 12:00 Lunch 1:00 MUSIC WITH SETH 2:00 Candy Concentration	21 10:00 Coffee / Today In History 11:00 Anagrams 12:00 Lunch 1:00 ADAP MOVIE: "Miracle On 34 th Street" 2:30 Sing Along
24 RSS CLOSED CHRISTMAS HOLIDAY	25 RSS CLOSED CHRISTMAS HOLIDAY	26 10:00 Coffee / Today In History 11:00 Famous Faces 12:00 Lunch 1:00 Art – Mixed Media 2:00 Bingo	27 10:00 Coffee / Today In History 11:00 BLISSFIT WITH KIM 12:00 Lunch 1:00 Famous Places and Flags 2:00 Finish The Phrase	28 10:00 Coffee / Today In History 11:00 Trivia 12:00 Lunch 1:00 Stay Well Exercise / Ball Toss 2:00 Name The Tune / Music Bingo
31 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 Hangman 2:00 Bingo				

Other activities: Before and After, Pictionary, Word Chain, Giant Crossword, Riddles, Rebus Puzzles, Table Games, Charades, Pet Therapy with KFF.

Funded in part by the New York City Department for the Aging (DFTA). Activities may be subject to change.