

# JUNE 2019 ACTIVITIES CALENDAR - ADAP



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 Famous Faces 2:00 Dice – First to 50	<b>4</b> 10:00 Coffee / Today In History 11:00 BLISSFIT WITH KIM 12:00 Lunch 1:00 Documentary Film and Talk 2:00 Rhyme Time	<b>5</b> 10:00 Coffee / Today In History 11:00 Family Feud 12:00 Lunch 1:00 Wheel of Fortune 2:00 You Be The Judge	<b>6</b> 10:00 Coffee / Today In History 11:00 Trivia 12:00 Lunch 1:00 Name That Tune 2:00 This or That?	<b>7</b> 10:00 Coffee / Today In History 11:00 EXERCISE WITH CHRISSEY 12:00 Lunch 1:00 Sing-Along 2:00 Bingo
<b>10</b> 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 Pictionary 2:00 Conversation Starters	<b>11</b> 10:00 Coffee / Today In History 11:00 EXERCISE WITH MICHELE 12:00 Lunch 1:00 Hangman 2:00 Finish the Phrase	<b>12</b> 10:00 Coffee / Today In History 11:00 Name 10 If We Can 12:00 Lunch 1:00 Art – Mixed Media 2:00 Card Bingo / Uno	<b>13</b> 10:00 Coffee / Today In History 11:00 Famous Faces 12:00 Lunch 1:00 Stretch and Move Exercise 2:00 Call Out The Answer	<b>14</b> 10:00 Coffee / Today In History 11:00 Famous Symbols 12:00 Lunch 1:00 MUSIC WITH SETH 2:00 Concentration
<b>17</b> 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 PROGRAM WITH YESHIVA SPEECH STUDENTS 2:30 Ring Toss / Bean Bag Toss	<b>18</b> 10:00 Coffee / Today In History 11:00 Anagrams 12:00 Lunch 1:00 TAI CHI WITH BRUCE 2:00 20 Questions	<b>19</b> 10:00 Coffee / Today In History 11:00 A to Z 12:00 Lunch 1:00 HORTICULTURAL PROGRAM WITH BARBARA 2:00 Trivia	<b>20</b> 10:00 Coffee / Today In History 11:00 Word Grid 12:00 Lunch 1:00 Sing-Along 2:00 Bingo	<b>21</b> 10:00 Coffee / Today In History 11:00 Hangman 12:00 Lunch 1:00 Opposites 2:00 PAINTING WITH DONNA
<b>24</b> 10:00 Coffee / Today In History 11:00 EXERCISE WITH MIKE 12:00 Lunch 1:00 PROGRAM WITH YESHIVA SPEECH STUDENTS 2:30 Table Games / Puzzles	<b>25</b> 10:00 Coffee / Today In History 11:00 Famous Places and Flags 12:00 Lunch 1:00 MUSIC WITH SETH 2:00 Card Bingo / Uno	<b>26</b> 10:00 Coffee / Today In History 11:00 Famous Faces 12:00 Lunch 1:00 Stretch and Move Exercise 2:00 Finish The Phrase	<b>27</b> 10:00 Coffee / Today In History 11:00 Name 10 If We Can 12:00 Lunch 1:00 Wii Music and Dance 2:00 Concentration	<b>28</b> 10:00 Coffee / Today In History 11:00 YOGA WITH NATALIE 12:00 Lunch 1:00 MOVIE 2:30 Riddles

**Other activities: Before and After, Jeopardy, Price is Right.**

Funded in part by the New York City Department for the Aging (DFTA). Activities may be subject to change.