

MAY 2019

MAY 2019 VOLUME 15 ISSUE 5



RIVERDALE SENIOR SERVICES

2600 Netherland Avenue, Bronx, NY 10463  
(718) 884-5900 | rssny.org

BIRTHDAY PARTY

**Tuesday May 21st  
Born in May?**  
Let us know no later than  
**Wednesday May 15TH**

**JUAN MANUEL ORTEGA  
@ 1:00 PM**

**Birthday Celebrant:**  
Suggested donation  
\$1.50

**Non-Birthday Celebrant:**  
Suggested donation  
\$3.00

IT IS IMPORTANT TO SIGN-UP  
IN ADVANCE FOR ALL SPECIAL  
EVENTS  
AND PARTIES, SO WE  
CAN ACCOMMODATE  
EVERYONE.

SATURDAY OPEN

**CENTER OPEN  
SATURDAY MAY 18TH  
9:00—1:00 P.M.  
SERVICE LEARNING  
WITH  
HORACE MANN HIGH SCHOOL**

Gardening (9:00-11:00)  
Movie: (10:00-12:00)  
Lunch: (12:00-1:00)  
Spaghetti & Meat Balls  
Whole Wheat Roll  
Garden Salad  
Fruit Jell-O



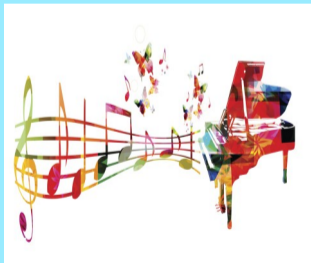
CLOSING

**CENTER CLOSED FOR  
MEMORIAL DAY  
MONDAY MAY 27TH**



SUNDAY OPEN

**RSS 40th  
Annual Vintage  
Artists Gallery Show**



**Opening Reception  
Sunday, May 19th  
from 12:00 - 3:00 p.m.**

**\*\*LUNCH AVAILABLE \*\***

NEW MEMBERS

Joram J. Aris  
Joanne Boland  
Mary Durkin  
Marian Einstein  
Renee Goldkorn  
Beverly A. Harris  
Valencia Homchilova  
Robert A. Schmitz  
Marie Standford  
Dennis Stevens  
Doong Soo Yi  
Tracy Yi  
Jenny Yoo  
Joo H. Yoo



IN THIS ISSUE

Birthday Party Open Saturday/Sunday Center Closed Open Sunday New Members	1
Advisory Council at RSS	2
Executive Director Save the Date FYI	3
Journal Ads	4
Classes Women's Circle Riddle	5
Get Involved Donate	6
Movie Guide Honor Donations	7
Trip Guide	8

2600 Netherland Ave.  
Bronx, NY 10463  
Phone: (718) 884-5900  
Fax: (718) 796-9624  
www.rssny.org

**Language Interpretation  
Services Available**  
Please see: Selina Ng,  
Social Worker for assistance

**FRIDAY'S WEEKEND MEAL IS A VOLUNTARY CONTRIBUTION  
—ONLY \$1—TAKE ONE HOME WITH YOU**

**\*\*To become a member call (718) 884-5900 or visit our website www.rssny.org.**

## THE ADVISORY COUNCIL AT RSS

### Please enter your Nominations for the Advisory Council May 13<sup>th</sup> through May 24<sup>th</sup> 2019

- There will be a box on the Greeter's desk for members to place their nominations during the weeks of **May 13<sup>th</sup> through May 24<sup>th</sup> 2019**. A member can nominate her/himself.
- Once the nominations are all in, the Deputy Director, Executive Director and nominating committee, made up of members on the Advisory Council, will meet with all nominees to go over the eligibility process and job duties determine who will be on the finalized list of candidates. From there the names, pictures and bios of each nominee will be posted. In addition there will be a one page sheet with all names and bios listed.
- From this list, members will vote in early June. Ballots and a ballot box will be available at the Greeter's desk where all votes can be submitted during the weeks of **June 3 through June 14<sup>th</sup> 2019**.
- The highest vote getters (counted by the nominating committee) will win the available slots. In the event of a tie, the nominees' names will be submitted for another vote to determine the highest vote getter.
- **The results of the election will be announced at the June 19<sup>th</sup> General Membership Meeting.**

### Available positions to the Advisory Council

#### Five (5) General Advisory Council Members

**Job Duties:** Elected members to the Council advise and make recommendations that reflect the interests and concerns of RSS participants. Advisory Council Members are voting members and assist in all functions of the Council.

#### One (1) Corresponding Secretary

**Job Duties:** the Corresponding Secretary shall conduct the general correspondence; keep a list of the Council general membership, officers, chairs of standing committees and track terms of office. The Corresponding Secretary will fill in if Recording Secretary is absent. The Recording Secretary may fill in for Corresponding Secretary.

***To be eligible to serve on the Advisory Council, an individual must be a member of RSS for at least 6 months and must be an active participant in program or volunteer work. (Active = participates or volunteers actively at least one day per week). The individual must demonstrate a willingness and ability to continue to be active and involved and will be encouraged to volunteer at any level once per week.***

***Please indicate on your nomination slip whether you are nominating for General Advisory Council or for the office of Corresponding Secretary***

## JULIE DALTON - EXECUTIVE DIRECTOR



During May we celebrate *Older Americans Month*. This year's theme is *Connect, Create, and Contribute*. RSS puts that theme in to practice all year long!

At RSS we believe a better experience of aging is possible when we can grow with and rely on each other. Every day, our members come together to create new possibilities for what's next. Our members and volunteers contribute their time, talent and life experience to benefit others.

I am sure you will agree that RSS is a wonderful place for learning, laughter and sharing our experiences. Every day is special because you are here!

**SAVE THE DATE:**  
**FRIDAY JUNE 14TH COME AND CELEBRATE**  
**RSS 45TH ANNIVERSARY.**  
**MEMBERSHIP MEETING WEDNESDAY JUNE 19TH @ 12:45P.M.**  
**MORE INFO TO FOLLOW IN THE JUNE NEWSLETTER!!**

### FYI

## Protecting what's important to you...

Social Security is committed to protecting your personal information and your benefits.

Impersonation phone scams are increasing. Don't be fooled. Follow these tips to protect yourself.

An automated call saying your Social Security number has been "suspended for suspicion of illegal activity" and asking you to contact them to resolve the issue.

Calls "spoofing" Social Security's phone number.

Callers using threatening language, such as arrest or other legal action.

Any call asking you to provide credit card information or to add money to gift cards.

### Be Alert

We may call in some situations, if you have ongoing business with us.

Social Security will **never**: Threaten you for information.

Promise a benefit increase in exchange for personal information.

### Be Active

If you receive a questionable call from someone claiming to be us, just hang up.

Report suspicious calls or emails online at [oig.ssa.gov/report](http://oig.ssa.gov/report) or by calling **1-800-269-0271**.

Learn more to protect yourself at [identitytheft.gov/ssa](http://identitytheft.gov/ssa)

## JOURNAL ADS

**On June 5<sup>th</sup> RSS will celebrate its 45<sup>th</sup> Anniversary.  
Be part of the celebration by contributing to our souvenir journal.  
Member Name Listing: \$45  
4 Line Message: \$100  
For information contact: Betty Begley at 718 884 5900  
Email your ad copy to: [rss@rssny.org](mailto:rss@rssny.org)  
Drop off your ad and payment in the office.**



***Thank you for your support!!***

As many of you may know, our Anniversary Celebration each year is our major fundraiser for RSS. It's an opportunity to raise additional funds to continue to provide a range of wellness and healthcare programs and to celebrate RSS's accomplishments and contributions community donors and leaders.

There are a two options to donate and to be listed in the souvenir journal. They are:

1. Be part of a special Member tribute page – your first and last name will be listed with other members for a donation of \$45.
2. An individualized personal 4 line message for a donation of \$100.

All ads/donation are due by May 1<sup>st</sup>. Donation forms are available in the center office or see Betty Begley in Suite 106 if you have any questions.

**Thank you for your support in helping to make our 45<sup>th</sup> Anniversary celebration a success!**

**CLASSES**

**WOMEN'S CIRCLE**

**Let's paint flowers!**  
With April Lombardi  
Wednesdays ( - 3pm)  
May 1 - June 5  
Paint flowers in various styles,  
learn some new techniques.  
All levels are welcome, bring your  
own acrylic painting supplies.

**Meditation With Tiffany**  
**Thursday @ 3:15**  
**May 2, 9, 16 & 23**  
Learn Meditation Techniques  
and practices

**Travels with Cecile**  
NORTH & SOUTH KOREA  
Tuesday May 7th @ 1:00 P.M.  
May 27th @ 2:00 P.M.

**WELLNESS WORKSHOPS**  
**FRIDAY @ 1:00 P.M.**  
**WITH BARBARA DENSON**  
**May 3<sup>rd</sup>:** Learn how to divide and repot  
your plants. This will be a workshop to  
help you figure out what to do when  
that special plant needs a little more  
space.  
**May 24<sup>th</sup>:** Gardening on the terrace. It  
will be time to get the garden planted  
and revved up for the season. Learn  
the finer points of urban gardening  
right here in our own "backyard".

**Riddle:**  
As a state in America. I am round on  
both sides and high in the middle  
What am I?  
Last month's Answer:  
River  
You can give us the answer during the  
month of March **Three Winners**  
will be chose on the Day of the  
Birthday Celebration. Winners will win  
a **Free Lunch!**

The Women's Circle  
at RSS  
**"Building a Community  
For Women"**



**Should I Stay or Should I Go?**  
A Seniors Real Estate Specialist  
with 14 years of experience,  
Allison Jaffe, helps senior  
homeowners and their caregivers  
decide between continuing to  
live in a long-time home or  
moving to one better suited to  
their needs later in life. Allison  
will introduce the interactive tool  
she created that attendees can  
use and share with homeowners  
who are approaching --  
or avoiding -- this decision.

**Wednesday, May 15th**  
**6:00-8:00**  
**(Sign In by: 5:40 p.m.)**  
\$2.00 donation for a light dinner  
**RSVP by 5/10/2019**  
in the office or  
Call 718 884-5900

## GET INVOLVED

### BECOME A MEMBER

**If you attend only once in a while you can still become a member!  
There is no fee for membership.**

### VOLUNTEER

**Share your time and passion for helping others as an RSS Volunteer.**

To learn about volunteer opportunities contact:

**CHERYL KANN-FERST,  
Volunteer Coordinator  
718 884-5900, ext.22**

## DONATE

### OPPORTUNITIES TO DONATE

**Consider leaving a legacy to RSS.** We are a nonprofit and we depend on the generosity of all of our friends in order to be able to offer quality programs and services to all those in need. Allow us to continue to offer all of these services in the future by naming RSS in your Will. It is a wonderful way to live on and share your spirit with others.

**For more information, please call (718) 884-5900**

**Contributions can be made to say a special thank you or to honor a friend or loved one.**

RSS will inform the designated family of your thoughtfulness and generosity.

**Donations** can be made for commemorative plaques on our Tree of Life which is prominently displayed at our Center. Donation forms are available in the office.

**Come to purchase** Jewelry on Tuesdays and Collectibles on 2nd Wednesdays of the month, located in our Lounge Area.

## MAY MOVIE GUIDE

### May 1- Stan & Ollie



Laurel and Hardy -- the world's greatest comedy team -- face an uncertain future as their golden era of Hollywood films remain long behind them. Diminished by age, the duo set out to reconnect with their adoring fans by touring variety halls in Britain in 1953. The shows become an instant hit, but Stan and Ollie can't quite shake the past as long-buried tension and Hardy's failing health start to threaten their precious partnership.

### May 8-Mary Queen of Scots



Queen of France at 16 and widowed at 18, Mary Stuart defies pressure to remarry. Instead, she returns to her native Scotland to reclaim her rightful throne. However, Scotland and England fall under the rule of the compelling Elizabeth I. Each young Queen beholds her sister in fear and fascination. Rivals in power and in love, and female regents in a masculine world, the two must decide how to play the game of marriage versus independence.

### May 15- Ben is Back



Nineteen-year-old Ben Burns unexpectedly returns to his family's suburban home on Christmas Eve. Ben's mom, Holly, is relieved and welcoming but wary of her son's drug addiction. Over a turbulent 24 hours, new truths are revealed, and a mother's undying love gets put to the test as Holly does everything in her power to keep Ben clean.

### May 22-On the Basis of Sex



Ruth Bader Ginsburg is a struggling attorney and new mother who faces adversity and numerous obstacles in her fight for equal rights. When Ruth takes on a groundbreaking tax case with her husband, attorney Martin Ginsburg, she knows it could change the direction of her career and the way the courts view gender discrimination.

### May 29(What Men Want).



Passed up for a well-deserved promotion, sports agent Ali Davis wonders what else she needs to do to succeed in a man's world. Hoping to find answers from a psychic, Ali drinks a weird concoction that suddenly allows her to hear what men are thinking. Using her newfound ability, Ali starts to turn the tables on her obnoxious male colleagues while racing to sign the next basketball superstar.

## HONOR DONATIONS

**Mahjong & Canasta Students**—In Memory of **Bob Gould**—We Miss You.  
**Kay Arkin**—Jeanette Rabinowitz—In Memory of **Jeanette Rabinowitz**  
**Irene Brenner**—**Joel Rabinowitz**—In memory of Jeanette Rabinowitz  
**Mabel Cohen** —**Lisa Spinelli**—Thank you for being so kind!  
**Violette Holland**—**Selina Ng**—Another step to heaven your knowledge is amazing!  
**Mary McDonnell**— **Jeanette Rabinowitz**—In memory of **Jeannette Rabinowitz**.  
**Blanche Morgantstern**— **Rabinowitz Family**—She was a wonderful lady!!  
**Ellen Namer**—**Maria Scull**—Happy 90th Birthday!!  
**Laura Pucher**—**RSS**—Thank you!!  
**Roslyn Sokoloff**— To all my teachers @ **RSS**— **Bill Baskin, Susan Guzman, Bruce McKenna, Kathleen O'Hanlon & Peter Swanson**...Thanks!!!

MAY TRIPS JUNE TRIPS JULY TRIPS

Wednesday, May 1
Tour of the United Nations
Headquarter
Leaving 10:45am
Leaving the UN @ 2:00pm
\*\*Rescheduled trip\*\*

Friday, May 10
Dinosaur BBQ
Leaving 11:15am
Returning 1:45pm
\*\*Registration begins April 29\*\*

Monday, May 13
Christmas Tree Store
Leaving 11:15am
Returning 1:45pm\*
\*Registration begins April 29\*\*

Tuesday May 14-
NET-Channel 13 Tour
Leaving 9:30am
leaving WNET-1:00pm
\*\*Registration begins April 22\*\*

Friday, May 15
Ridgehill Mall
Leaving 11:15am
Returning 1:45pm

Monday, May 20
Aldi Supermarket
Leaving 11:30am
Leaving Mall 1:00pm-
NO CHARGE FOR TRANSPORTATION

Friday, May 24
Sammy's Restaurant
Leaving 11:15am
Returning 1:45pm

Wednesday, May 29
Empire City Casino
Leaving 11:15am
returning 1:45pm

On or after May 1, please sign
up in the office in person
UNLESS OTHERWISE NOTED.
TRIPS ARE SUBJECT TO
CHANGE

Monday, June 3
Arthur Avenue
Leaving 11:15am-Returning 1:45pm
\*\*Registration begins May 20\*\*

Wednesday, June 5
Macys/Sears
Leaving 11:15am- Returning 1:45pm
\*\*Registration begins May 20\*\*

Thursday, June 6
Kiwanis Circle Line
Leaving RSS @ 8:30am-
Leaving Dock @ 2:30pm
\*\*Registration begins May 20\*\*

Friday, June 7
Splash Day at Riverdale Neighbor-
hood House
Leaving 11:00a -Returning 3:00pm
\*\*Registration begins May 20\*\*

Monday, June 10
Christmas Tree Store,
Leaving 11:15am- Returning 1:45pm
\*\*Registration begins May 27\*\*

Wednesday, June 12
Hibachi Grill
Leaving 11:15am-Returning 1:45pm

Monday, June 17
Aldi Supermarket
NO CHARGE FOR TRANSPORTATION
Leaving RSS 11:15am-
Leaving Mall 1:00pm

Wednesday, June 19
Ridgehill Mall
Leaving 11:15am -Returning 1:45pm

Wednesday, June 26
Empire Casino
Leaving 11:15am - Returning 1:45pm

Friday, June 28
Crab Shanty
Leaving 11:15am -Returning 1:45pm

On or after June 1, please sign up in
the office in person
UNLESS OTHERWISE NOTED.
TRIPS ARE SUBJECT TO CHANGE

Monday, July 8
Stew Leonards/Costco,
Leaving 11:15am
Returning 1:15pm
\*\*Registration begins June 24\*\*

Wednesday, July 10
El Dorado Restaurant
Leaving 11:15pm
Leaving Rest. 1:45pm
\*\*Registration begins June 24\*\*

Friday, July 12
Johnnie's Reef (CASH ONLY)
Leaving 11:15
Returning 1:45pm

Monday, July 15
Trader
Leaving 11:15
Returning 1:45pm

Wednesday, July 17
NY Historical Society Museum &
Library
More Information to Follow

Friday, July 19
St John the Devine Church
Leaving 11:00am Returning 2:00 pm
\*\*TENTATIVE DATE\*\*

Monday July 22
Aldi Supermarket
Leaving 11:30am
Leaving Mall 1:30pm--
NO CHARGE FOR TRANSPORTATION

Wednesday, July 24
Ridgehill Mall,
Leaving 11:15am-Returning 1:45pm

Friday, July 26
Artie's Steak & Seafood
Leaving 11:15-Returning 1:45pm

Monday, July 29
Empire City Casino
Leaving 11:15am-Returning 1:45pm

Wednesday, July 31
Van Cortlandt Lake House
More Information to Follow

On or after July 1, please pay in the
office, unless otherwise noted
TRIPS ARE SUBJECT TO CHANGE

Please make reservations early. Minimum of eight people needed. If there is not enough interest, the trip will be cancelled or rescheduled. If the trip is cancelled for any reason you will be notified and any funds returned.

THERE IS A \$5.00 SUGGESTED CONTRIBUTION FOR THE ROUND TRIP BUS RIDE.

Funded in part by the NYC Department for the Aging