

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Baked Breaded Fish Baked Potatoes Whole Wheat Bread Normandy Blend Banana Grape Juice</p>	<p>3 Chicken Fricassee Quinoa with Kale and Carrots Whole Wheat Bread California Blend Vegetables Fruit Cocktail Orange Pineapple Juice</p>	<p>4 Beef and Turkey Meatloaf with Mushroom Gravy Smashed Red Potatoes Whole Wheat Bread Steamed Broccoli Apple</p>	<p>5 Jumbo Stuffed Shells with Spinach Whole Wheat Bread Mixed Green Salad Applesauce Grape Juice</p>	<p>6 Baked Asian Style Honey Chicken Baked Brown Rice Whole wheat Bread Green Bean Sautee Orange</p>
<p>9 Hungarian Goulash with Beef Egg Noodles Whole Wheat Bread Steamed Spinach Canned Pears Orange Pineapple Juice</p>	<p>10 Chicken and Broccoli Stir Fry Brown Rice Whole Wheat Bread Baby Spinach Salad Orange Pineapple Juice Sliced Canned Peaches</p>	<p>11 Eggplant Parmesan Bowtie Pasta Whole Wheat Bread Steamed Kale Canned pineapple Grape Juice</p>	<p>12 Chicken Shawarma (Oven Roasted) Home Fires with Peppers and Onions Whole Wheat Bread Mixed Green salad Orange</p>	<p>13 Baked Fish with Garlic Sauce Egg Noodles Whole Wheat Bread Brussel Sprouts Apple Juice Fruit Cocktail</p>
<p>16 Turkey Meatloaf with Mushroom Gravy Smashed Mixed Potatoes and Cauliflower Whole What Bread Baby Carrots with Parsley Orange</p>	<p>17 <b>BIRTHDAY PARTY**</b> Baked Salmon with Lemon Sauce Whole Wheat Bread Broccoli with Toasted Garlic Orange Pineapple Juice Sliced Canned Peaches Ice Cream/Cake</p>	<p>18 Chicken and Broccoli Stir Fry Brown Rice with Mushrooms Whole Wheat Bread Oriental Blend Banana</p>	<p>19 Baked Ziti with Meat Sauce Whole Wheat Bread Garden Salad Fruit Cocktail Orange Pineapple Juice</p>	<p>20 <b>HOLIDAY CELEBRATION**</b> Orange Glazed Cornish Hen, on Rice Pilaf Garden Salad Whole Wheat Dinner Roll Steamed Vegetable Blend Fresh Fruit</p> <p style="text-align: center;"><b>“ Holiday Dessert Bar”</b></p>
<p>23 Beef and Broccoli Brown Rice Whole Wheat Bread Baby Carrots with Parsley Applesauce Orang Pineapple Juice</p> 	<p>24 <b>HOLIDAY CENTER CLOSED</b></p> 	<p>25 <b>HOLIDAY CENTER CLOSED</b></p> 	<p>26 Baked Fish with Garlic Bowtie Pasta with Kasha Italian Blend Vegetables</p> 	<p>27 Arroz con Pollo (Chicken Breast and Rice) Whole Wheat Bread Tossed Salad Orange</p>
<p>30 Beef and Turkey Meatloaf with Mushroom Gravy Egg Noodles Whole Wheat Bread Sautéed String Beans Apple Juice Fruit Cocktail</p>	<p>31 <b>NEW YEAR'S TOAST PARTY</b> Baked Chicken Quarters Baked Red Potato Wedges Whole Wheat Bread Brussels Sprouts Canned Pineapple</p>	<p>1 <b>HOLIDAY CENTER CLOSED</b></p> 	<p style="text-align: center;"><b>RSS Offers Alternate Lunch</b></p> <ul style="list-style-type: none"> <li>• Tuna Salad</li> <li>• Eggs</li> <li>• Veggie Burger</li> <li>• Or Other Alternate</li> </ul> <p style="text-align: center;"><b>Call the Office To Place Your Order by 11:30 &amp; Please do not change your order!</b></p>	<p style="text-align: center;">Meals are chosen from the DFTA pre-approved menus, which provide a nutritionally balanced diet.</p>