

Lunch Menu December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Beef Burger Whole Wheat Hamburg- er Bun Garden Salad Oranges 1% LFT Milk	2 Baked Chicken Quarters Macaroni Salad Broccoli w/ Teriyaki Sauce Apple 1% LFT Milk	3 Roasted Veggie & Black bean Pita melt Asian Style Cucumber Salad Melon 1% LFT Milk	4 Chicken Fajitas w/ Veggies in Soft Wrap Whole Wheat Bread Cherry Tomatoes Salad	5 Baked Flounder Pasta Primavera Salad Normandy Blend Banana Whole Wheat Bread
8 Beef Stroganoff w/ Egg Noodles Whole Wheat Bread Italian Cut Green Beans Orange 1% LFT Milk	9 Chicken Salad Platter Whole Wheat Bread Lettuce & Tomatoes Fresh Fruits 1% LFT Milk	10 Hawaiian Chickpeas Brown Rice Whole Wheat Bread Broccoli w/ Stir fry Sauce Apple 1% LFT Milk	11 Cheese Baked Pas- ta Whole Wheat Bread Mixed Green Salad Pear 1% LFT Milk	Wheat Bread
Cheese Ravioli w/ Tomato Sauce Wheat Dinner Rolls Mixed Vegetables Apple 1% LFT Milk	16 Spaghetti & Meatballs Garlic Bread Caesars Salad Garlic Bread 1% LFT Milk Wheat Bread	17 Birthday Party Sesame Chicken Jasmine Rice Broccoli 1% LFT Milk Mango Cake	18 California Veggie Burger Corn Kernels Roasted Potatoes Grapes 1% LFT Milk	19 Baked Ziti Roasted Zucchini Garlic Bread Garden Salad 1% LFT Milk Banana
Sweet & Sour Chicken Quarters Macaroni Salad Baked Sweet Potato Mixed Vegetables Wheat Bread 1% LFT Milk	23 Pasta Primavera Wheat Bread Garden Salad Capri Vegetables 1% LFT Milk Orange	Coconut Curried Fish Mexican Rice Roasted Zucchini Wheat Bread 1% LFT Milk Cantaloupe	25 Center Closed	26 Beef Bolognese w/ Penne Pasta Wheat Bread Mixed Vegetables 1% LFT Milk Honeydew
29 Chicken Alfredo Linguine Pasta Garlic Bread 1% LFT Milk Orange	30 Vegetable Veggie Burger Wheat Bread Roasted Potatoes Vegetable Medley 1% LFT Milk Berries	31 Beef Chilli Yellow Rice Capri Blend Vegetables Wheat Bread 1% LFT Milk Apple		Meals are chosen from the DFTA pre-approved menu Database, which provide a