

			Tuna Salad Halved Avocado Lettuce and Tomato Mixed Fruit Cups Whole Wheat Bread 1% Low Fat Milk	Garlic Mas Potatoes Cucumber Salad Banana Whole Whe Bread 1% Low Fa
Bean Soup n Stew en n Rice age w/ Mixed tables d Berries e Wheat 1% Low Fat Milk	7 Beef and Cheese Lasagna Broccoli w/ Toasted Garlic Orange Whole Wheat Dinner Roll 1% Low Fat Milk	8 Mexican Mexican Style Chicken w/ Rice Pico de Gallo Tossed Salad Blueberries Whole Wheat Bread 1% Low Fat Milk	9 Cuban Style Split Pea Soup Chickpea Orzo w/ Vegetables Spinach Salad Frozen Peaches Whole Wheat Bread 1% Low Fat Milk	10 Coconut C Fish Macaroni S Mixed Vege Apple Slice Whole Whe Bread 1% Low Fa
y Meatloaf d Sweet o t Peas and ts pple Fruit e Wheat Bread w Fat Milk	14 Whole Wheat Noodles w/ Vegetables Chickpea Salad Cantaloupe Whole Wheat Bread 1% Low Fat Milk	15 <u>MLK Tribute Lunch</u> Oven Fried Chicken Collard Greens Mac and Cheese Frozen Pineapples Dinner Roll 1% Low Fat Milk Pecan Pie	16 BBQ Chicken Legs Roasted Broccoli Baked Potato Applesauce Whole Wheat Bread 1% Low Fat Milk Apple Juice	17 Salmon Bu Coleslaw Steak Fries Banana Sli Hamburger 1% Low Fa
ER CLOSED 	21 Sliced Beef w/ Peppers and Onions Cucumber and Tomato Salad Red Seedless Grapes Whole Wheat Bread 1% Low Fat Milk	22 BIRTHDAY PARTY Baked Teriyaki Glazed Salmon Fluffy White Rice Garden Salad Orange Whole Wheat Dinner Roll 1% Low Fat Milk Grape Juice	23 Southern Style Black Eyed Peas Brown Rice Cucumber and Tomato Salad Frozen Mango Whole Wheat Bread 1% Low Fat Milk	24 Jerk Fish Potato Sal Sauteed Sp Honey Dev Melon Whole Whe Bread 1% Low Fa
rnut Squash	28 Baked Fish Cauli Mash	29 American	30 Cream of Broccoli Soup	31 Garlic Par Baked Fi