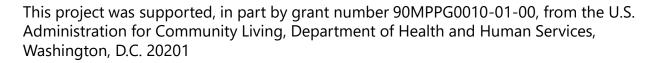
# TAKE CHARGE!

# Help Prevent Healthcare Fraud and Abuse



Leslie Sierra, NYS Senior Medicare Patrol Counselor







# WHO WE ARE

- New York StateWide Senior Action Council is a grassroots membership organization made up of individual senior citizens and senior citizen clubs, and organizations from all parts of New York State.
- StateWide has a strong history providing outreach and education to senior citizens and their families since 1972.
- StateWide is governed and directed by seniors and advocates for seniors on a grassroots level.













# **OUR PROGRAMS**

## **Patient's Rights Helpline**

 Toll free number to assist hospitalized and institutionalized patients and their families with their rights.

# MCCAP (Managed Care Counseling & Assistance Program)

 Inform, educate and assist seniors and their families in making the best and most informed decisions regarding their healthcare in NYS.



# **NYS SENIOR MEDICARE PATROL**

### In 2018

NY StateWide Senior Action Council received the Senior Medicare Patrol grant from the U.S. Administration for Community Living to help prevent Medicare and Medicaid Fraud among seniors in New York State.

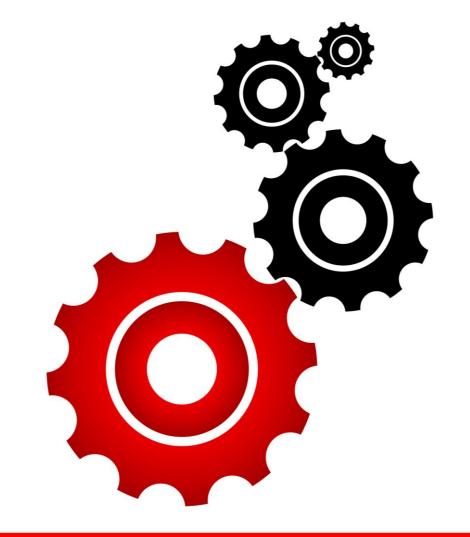
## **Senior Medicare Patrol (SMPs)**

Empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect and report health care fraud, errors and abuse through outreach, counseling and education.



# **HOW DOES THE SMP PROGRAM WORK?**

- Through community outreach, educational presentations and distributing information.
- A growing corps of volunteers throughout the state, who serve as eyes and ears of their communities, and disseminate materials about our program.
- Certified, unbiased counselors who provide assistance to the public and work with the U.S.
   Office of the Inspector General to resolve cases.



# **OVERVIEW**

# Medicare Fraud, Errors and Abuse Affect... Everyone

- Billions of taxpayer dollars lost to improper claims
- Medicare trust fund at risk

### **Medicare Beneficiaries**

- Higher premiums
- Less money for needed benefits
- Quality of treatment



# WHAT IS FRAUD?

**Intentionally** billing Medicare for services that were not received or billing for a service at a higher rate than is actually justified.

# WHAT IS ABUSE?

Providers supply services or products that are not medically necessary or that do not meet professional standards.

# WHAT IS AN ERROR?

Health care services and billing are complicated, which can lead to errors.



# **TYPES OF MEDICARE FRAUD**

- Ambulance Fraud
- COVID-19 Fraud
- Durable Medical Equipment
   Fraud
- Genetic Testing Fraud
- Home Health Care Fraud
- Hospice Fraud
- Medical Identity Theft







- Medicare Marketing
   Violations and Enrollment
   Fraud
- Nursing Home Care Fraud
- Outpatient Mental Health
   Care Fraud
- Pharmacy and Prescription Drug Fraud
- Telehealth Fraud

# **EXAMPLES OF MEDICARE FRAUD**

- Billing for services, supplies, or equipment that were not provided
- Billing for excessive medical supplies
- Obtaining or giving a Medicare number for "free" services
- Improper coding to obtain a higher payment
- Unneeded or excessive x-rays and lab tests



- Claims for services that are not medically necessary
- Using another person's Medicare number, or letting someone else use your number

# 3 STEPS TO PREVENT MEDICARE FRAUD



**PROTECT:** Never give out your personal information, especially your Medicare number, to someone you do not know.



**DETECT:** Read your Medicare Summary Notice (MSN) and look for:

- ✓ Services you did not receive
- ✓ Services different than what you received
- ✓ Services that are not medically necessary



**REPORT:** Call NYS SMP at **800-333-4374** with questions or to report potential fraud.

# UNDERSTANDING MEDICARE DOCUMENTS

- ✓ The 4 Types of Medicare
- ✓ Medicare Summary Notice (MSN)
- ✓ Medicare Resources online
- ✓ Explanation of Benefits (EOB)

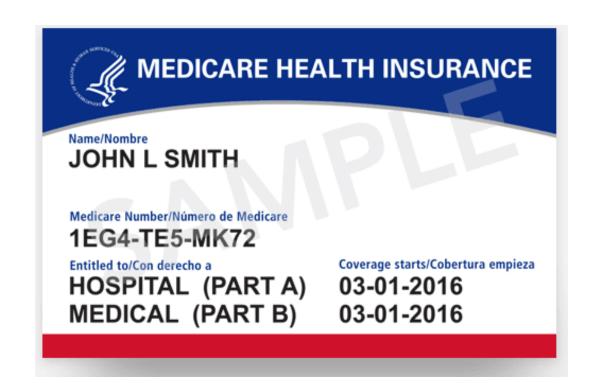
# WHAT IS MEDICARE?

- Federal health insurance program created in 1965
  - ✓ For people ages 65 and older
  - ✓ Some people with disabilities under 65
  - ✓ And a few others
- Not designed to pay 100% of all medical bills
- Covers over 63.8 million people



# MEDICARE NUMBERS AND CARDS

- All Medicare beneficiaries are issued a Medicare number and card upon enrollment.
- A Medicare number is as valuable to identity thieves as a credit card number.



# **TYPES OF MEDICARE COVERAGE**



### **HOSPITAL INSURANCE**

- ✓ Inpatient hospital
- ✓ skilled nursing
- ✓ facility, home & health
- ✓ hospice care

**MSN** 



### **MEDICAL INSURANCE**

- ✓ Outpatient services
- ✓ doctor visits, lab tests
- ✓ medical equipment,
- ✓ Ambulance
- ✓ Immunizations
- ✓ and more

**MSN** 



# MEDICARE ADVANTAGE PLAN

Medicare-covered benefits and others according to the beneficiary's Medicare Advantage plan

**EOB** 



# PRESCRIPTION DRUG COVERAGE

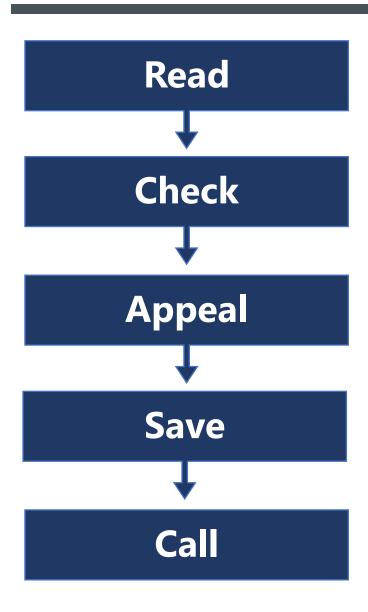
**Prescription Drugs** 

**EOB** 

# WHAT IS A MEDICARE SUMMARY NOTICE (MSN)?

- A summary of health care services and items received during the past 3 months.
- Sent to people with Original Medicare
- It is NOT a bill!
- Lists any services that are denied or not covered by Medicare.





## Page 1 - Your Dashboard

### **1** DHHS Logo

The redesigned MSN has the official Department of Health & Human Services (DHHS) logo.

### **2** Your Information

Check your name and the last 4 numbers of your Medicare number, as well as the date your MSN was printed and the dates of the claims listed.

### **3** Your Deductible Info

You pay a Part A deductible for services before Medicare pays. You can check your deductible information right on page 1 of your notice!



THIS IS NOT A BILL

Your Claims & Costs This Period

**Facilities with Claims This Period** 

See page 2 for how to double-check this notice.

**Did Medicare Approve All Claims?** 

Total You May Be Billed

June 18 - June 21, 2020

Otero Hospital

6

YES

6

\$2,062.50

JENNIFER WASHINGTON TEMPORARY ADDRESS NAME STREET ADDRESS CITY, ST 12345-6789

### Notice for Jennifer Washington

 Medicare Number
 1A23BC4DE56

 Date of This Notice
 September 15, 2020

 Claims Processed
 June 15 –

 Between
 September 15, 2020

Your Deductible Status

Your deductible is what you must pay each benefit period for most health services before Medicare begins to pay.

Part A Deductible: You have now met your \$1,184.00 deductible for inpatient hospital services for the benefit period that began May 27, 2020.

### Be Informed!

Welcome to your new Medicare Summary Notice! It has clear language, larger print, and a personal summary of your claims and deductibles. This improved notice better explains how to get help with your questions, report fraud, or file an appeal. It also includes important information from Medicare! **4** Title of your MSN

The title at the top of the page is larger and bold.

### 1 Total You May Be Billed

A new feature on page 1, this summary shows your approved and denied claims, as well as the total you may be billed.

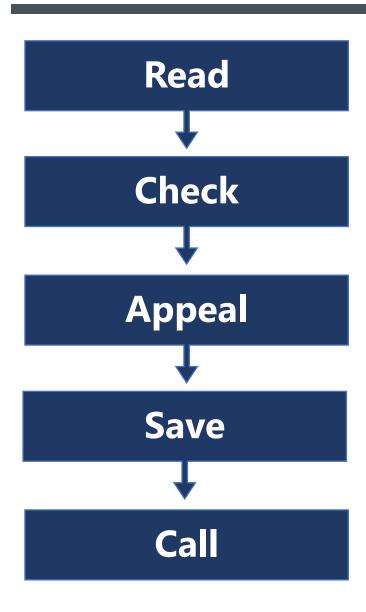
### **6** Facilities You Went To

Check the list of dates for services you received during this claim period.

### Help in Your Language

For help in a language other than English or Spanish, call 1-800-MEDICARE and say "Agent." Tell them the language you need for free translation services.

[Sabia que puede recibir este aviso y otro tipo de ayuda de Medicare en español? Llame y hable con un agente en español. 如果实表因语等动,诗姓电视并至疗保险,诗史说"agent",然后说"Mandarin". 1-800-MEDICARE (1-800-633-



## Page 1 – Your Dashboard

### **1** DHHS Logo

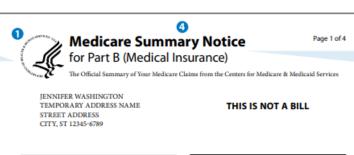
The redesigned MSN has the official Department of Health & Human Services (DHHS) logo.

### **2** Your Information

Check your name and the last 4 numbers of your Medicare number, as well as the date your MSN was printed and the dates of the claims listed.

### Your Deductible Info

You pay a yearly deductible for services before Medicare pays. You can check your deductible information right on page 1 of your notice!



### Notice for Jennifer Washington Medicare Number 1A23BC4DE56

Date of This Notice March 1, 2020

Claims Processed January 1 –

Between March 1, 2020

### Your Deductible Status

Your deductible is what you must pay for most health services before Medicare begins to pay.

Part B Deductible: You have now met \$85.00 of your \$147.00 deductible for 2020.

### Be Informed!

Welcome to your new Medicare Summary Notice! It has clear language, larger print, and a personal summary of your claims and deductibles. This improved notice better explains how to get help with your questions, report fraud, or file an appeal. It also includes important information from Medicare! Your Claims & Costs This Period

Did Medicare Approve All Services? NO

6

6

Ø

Number of Services Medicare Denied See claims starting on page 3. Look for NO in the "Service Approved?" column. See the last page for how to handle a denied claim.

Total You May Be Billed \$90

Providers with Claims This Period

January 21, 2020 Craig I. Secosan, M.D.

### **1** Title of your MSN

The title at the top of the page is larger and bold.

### **6** Total You May Be Billed

A new feature on page 1, this summary shows your approved and denied claims, as well as the total you may be billed.

### **6** Providers You Saw

Check the list of dates and the doctors you saw during this claim period.

### **7** Help in Your Language

For help in a language other than English or Spanish, call 1-800-MEDICARE and say "Agent." Tell them the language you need for free translation services.

¿Sabia que puede recibir este aviso y otro tipo de ayuda de Medicare en español? Llame y hable con un agente en español. 如果实表因格帮助,请我包裹那鬼丹保险,请先说 "agent",然后说 "Mandarin" . 1-800-MEDICARE (1-800-633-4227)

# **MSNs – 3 THINGS TO LOOK FOR**



Provider Location—Were you billed from a provider in a different city or state?

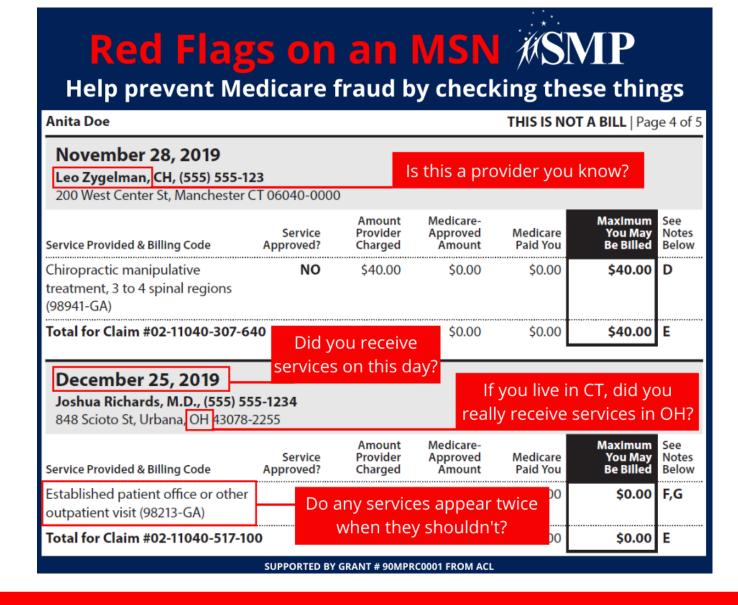


Date of Service—Were you billed for a service on a day you weren't seen?

Duplicate Billing—Were you billed for a product or service more than once?

# MSNs – RED FLAGS ON AN MSN

 See examples of red flags on a real MSN.



# **MEDICARE RESOURCES ONLINE**

- If you don't have an account, visit
   Medicare.gov, and create your account.
- Sign up to get other Medicare resources electronically, like
   Medicare Summary Notices and your "Medicare & You" handbook.

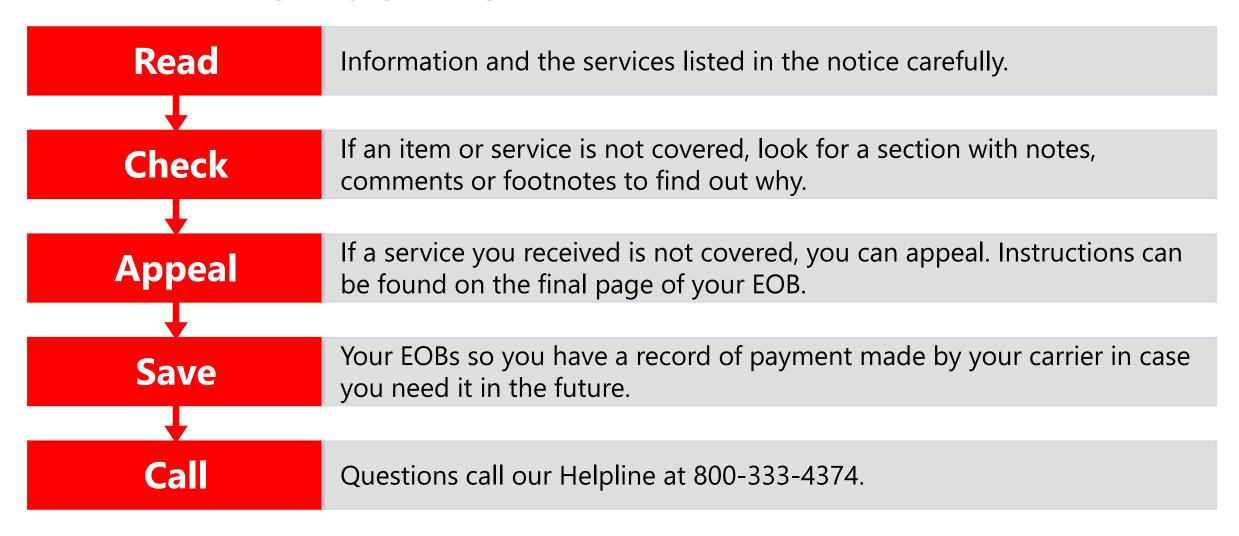


- Check your eligibility, enrollment, and other Medicare benefits.
- View a calendar of your current and upcoming preventive services.

# WHAT IS AN EXPLANATION OF BENEFITS (EOB)?

- Beneficiaries enrolled in Medicare Advantage (Part C) plans or Medicare
   Prescription Drug Plans (Part D) receive EOBs.
- A summary of services and items received, how much the provider billed, the approved amount your plan will pay, and how much you may owe.
- It is NOT a bill, and it is not the same as a Medicare Summary Notice.
- Usually mailed once per month or may be accessed online

# **REVIEWING YOUR EOB**



## **CALL OUR HELPLINE AT 1-800-333-4374**

# **EOBs – 3 THINGS TO LOOK FOR:**



Compare your doctor's bill and your EOB for dates, providers, types of service & billing codes match.



Make sure you're not charged for services you did not receive, or billed multiple times for a service you only received once.



If the insurance company rejected a claim, look for a note or "reason code" explaining why.

# If you suspect billing fraud, contact the NYS Senior Medicare Patrol

This is a free and confidential service!

# **NYS SMP Phone Number 1-800-333-4374**







# MY HEALTH CARE TRACKER

- ✓ Why Keep a Health Care Tracker?
- ✓ Parts of Your Healthcare Tracker
- ✓ What to Look Out For?

# MY HEALTH CARE TRACKER

# Why Keep a Health Care Tracker?

- Just like keeping a checkbook, a health care tracker is used to make sure the medical services you receive are properly reflected in your Medicare Summary Notices or Explanation of Benefits.
- It is a useful tool for spotting potential problems with your Medicare.



# MY HEALTH CARE TRACKER

# The Health Care Tracker includes pages for:

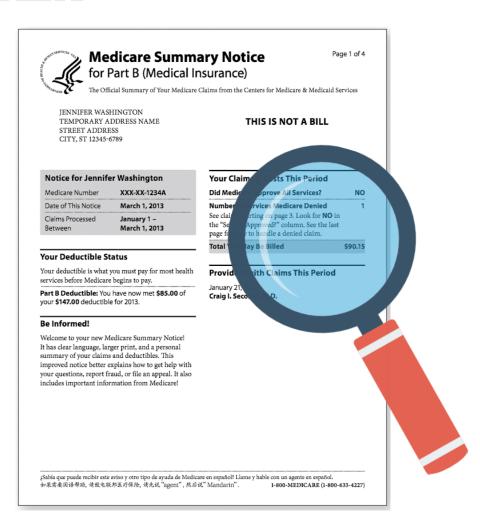
- Important contacts and personal information
- Allergies and personal habits
- Family history and health problems
- Immunization record and medications
- Medical equipment/supplies
- Operations and Surgeries
- And pages for you to keep track of your own health history and Physician/Care Provider appointments.



# PERSONAL HEALTH CARE TRACKER

### What to LOOK OUT for?

- Be on the lookout for charges for services not received, duplicate charges, or services that were not ordered by your provider.
- When you receive your Medicare
   Summary Notice or Explanation of
   Benefits, compare the information on those forms with your personal record.



# JOIN THE SENIOR MEDICARE PATROL, BECOME A VOLUNTEER!

Help Medicare Beneficiaries Protect, Detect, and Report

Make Group Presentations



**Staff Exhibits and Table at Events** 

Share and Distribute information to your community



# Contact the NYS Senior Medicare Patrol New York StateWide Senior Action Council

800-333-4374

To report suspected fraud/abuse

For training, speakers, and/or materials

# To find the Senior Medicare Patrol in your state CALL THE NATIONWIDE TOLL-FREE NUMBER 877-808-2468

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