

Monday	Tuesday	Wednesday	Thursday	Friday
<p>MUSIC APPRECIATION MAY 3</p> <p>DMITRY HVOROSTOVSKY, OPERATIC BARITONE</p> 	<p>SATURDAY—MAY 02, 2026 TECH EXPO 10:00 TO 3:00 Lunch—11am—1 pm)</p> 	<p>KEY: Red—Virtual Black—Onsite Blue—Hybrid Green—Outside</p> 		<p>1 9:00 Breakfast Club 10:00 Get Fit with Stuart 10:00 Sculpture Studio 11:00 Creative Writing 11:00 Feldenkrais 12:00 Lunch 12:45 Non ACBL Duplicate Bridge w/Rich 2:00 Concerts in Motion: Celebration Friday 2:00 Leisure Games-Beginners Bridge</p>
<p>4 9:00 Breakfast Club 10:00 Leisure Games-Canasta, Mah Jongg 10:00 Get Fit with Stuart 11:00 Poetry Group 11:00 Tap Dancing w/Maria 11:00 Art with Linda 11:15 Trip: Covacha 12:00 Lunch 12:00 Concerts in Motion: Meditative Mondays 12:30 Write On! w/ Susan 12:45 Duplicate Bridge 1:00 Current Events w/Sarah 1:30 Chair Chi Prana w/ Melissa 3:30 Balance Training with Peggy Levine 4:45 Writing with Susan</p>	<p>5 CINCO DE MAYO 10:00 Qi Gong with Bruce 10:00 Memoir Writing 11:00 Total Body Sculpt w/Sarah 11:00 Brain Booster/Trivia 11:00 Tech Group w/Caroline 11:00 Phone Accessories 12:00 Concerts in Motion: Songbook Tuesday 12:00 Lunch— CINCO DE MAYO LUNCH 2:30 Journaling, for Creatives During Difficult 1:00 Collage Class w/Annellen 1:00 Coloring Books 1:00 Tech Group w/Caroline 1:00 Phone Accessories 2:30 Journaling for Creatives During Difficult Times</p>	<p>6 9:00 Breakfast Club 10:00 Women's Empowerment 10:00 Pastels w/Daniel Hauben 11:00 Fit for Life w/Sarah 12:00 Lunch 1:00 Concerts in Motion: Chinese 1:00 Leisure Games-Mah Jongg 1:00 Caregivers Group w/ G.G. 1:15 Journaling, for Creatives During Difficult 1:15 -2:00 Pastel Class Art Show w/Daniel Hauben 3:00 EFT Tapping with Margo</p>	<p>7 HORACE MANN SERVICE LEARNING DAY 9:00 Chair Yoga with Anita 9:45 Chair Yoga w/ Anita 10:00 Knitting Club 10:15 Bridging Generations: Share your journey w/ Horace Mann Seniors 12:00 Lunch 12:00 Concerts in Motion: Coffeehouse Thursday 1:00 Chorus—with Cheryl 1:00 Folk Dancing 1:15 Photovoice: Experiencing emotion through Color Photography 2:30 Watercolor with April</p>	<p>8 9:00 Breakfast Club 10:00 Get Fit with Stuart 10:00 Sculpture Studio 11:00 Creative Writing 11:00 Feldenkrais 12:00 Lunch 12:45 Non ACBL Duplicate Bridge w/Rich 1:30 Mothers' Tea Celebration 2:00 Concerts in Motion: Celebration Friday 2:00 Leisure Games-Beginners Bridge</p> <p>MOTHERS' DAY</p>
<p>11 9:00 Breakfast Club 10:00 Leisure Games-Canasta, Mah Jongg 10:00 Get Fit with Stuart 11:00 Poetry Group 11:00 Tap Dancing w/Maria 11:00 Art with Linda 12:00 Lunch 12:00 Concerts in Motion: Meditative Mondays 12:30 Write On! w/ Susan 12:45 Duplicate Bridge w/Rich 1:00 Presentation: Social Media Scams... 1:00 Current Events w/Sarah 1:30 Chair Chi Prana w/ Melissa 3:30 Balance Training with Peggy Levine 4:45 Writing with Susan</p>	<p>12 10:00 Qi Gong with Bruce 10:00 Trip Committee Mtg. 10:00 Memoir Writing 11:00 Total Body Sculpt w/Sarah 11:00 Brain Booster/Trivia 12:00 Lunch 12:00 Concerts in Motion: Songbook Tuesday 1:00 Presentation: Financial Scam-Banks 1:00 Collage Class w/Annellen 1:00 Coloring Books 1:00 Tech Group w/Caroline 2:30 Journaling for Creatives During Difficult Times 2:30 Presentation: Strong Bones with Riverdale Physical Therapist 3:00 Yoga for Joint Health</p>	<p>13 9:00 Breakfast Club 9:30 Self Massage w/Kathleen 10:00 Women's Empowerment Group w/GG 10:00 Pastels w/Daniel Hauben 10:15 Trip: Judaica Museum 11:00 Fit for Life w/Sarah 12:00 Lunch 1:00 Concerts in Motion: Chinese 1:00 Leisure Games-Mah Jongg 1:15 Journaling, for Creatives During Difficult 1:00 Presentation: <u>Online scams</u> 2:00 Movie: Crazy Rich Asians 3:00 EFT Tapping with Margo</p>	<p>14 9:00 Chair Yoga with Anita 9:45 Chair Yoga w/ Anita 10:00 Knitting Club 10:00 Photovoice: Experiencing emotion through Color Photography 11:00 Folk Dancing 12:00 Lunch 12:00 Concerts in Motion: Coffeehouse Thursday 1:00 Chorus with Cheryl 2:30 Watercolor with April 2:30 Guided Meditation w/Barbara</p>	<p>15 9:00 Breakfast Club 10:00 Get Fit with Stuart 10:00 Sculpture Studio 11:00 Feldenkrais 11:00 Creative Writing 12:00 Lunch 12:45 Non ACBL Duplicate Bridge w/Rich 1:15 Nutrition: Salad Dressings 2:00 Concerts in Motion: Celebration Friday 2:00 Leisure Games-Beginners Bridge</p>
<p>18 9:00 Breakfast Club 10:00 Leisure Games-Canasta, Mah Jongg 10:00 Get Fit with Stuart 10:30 Trip: Amazing Savings/ShopRite 11:00 Tech Group w/Caroline Doorn Dash 11:00 Poetry Group 11:00 Tap Dancing w/Maria 11:00 Art with Linda 12:00 Lunch 12:00 Concerts in Motion: Meditative Mondays 12:30 Write On! w/ Susan 12:45 Duplicate Bridge w/Rich 1:00 Current Events w/Sarah 1:30 Chair Chi Prana w/ Melissa 3:30 Balance Training with Peggy Levine 4:45 Writing with Susan</p>	<p>19 BAKE SALE AAPI DAY CELEBRATION 10:00 Qi Gong with Bruce 10:00 Memoir Writing 11:00 Total Body Sculpt w/Sarah 11:00 Brain Booster/Trivia 12:00 Lunch- AAPI— Celebration Lunch 12:00 Concerts in Motion: Songbook Tuesday 1:00 Collage Class w/Annellen 1:00 Coloring Books 1:00 Tech Group w/Caroline Doorn Dash 1:00 Advisory Council Meeting 1:15 Presentation: JB Players Vignettes 2:30 Journaling for Creatives During Difficult Times 2:30 Presentation: Strong Bones w/Riverdale Physical Therapy 3:00 Yoga for Joint Health</p>	<p>20 9:00 Breakfast Club 10:00 Women's Empowerment 10:00 Pastels w/Daniel Hauben 11:00 Fit for Life w/Sarah 12:00 Lunch 1:00 Presentation: Derfner Envisioning the Sacred Modern Art from the Collecting w/Susan Schevlowe 1:00 Concerts in Motion: Chinese 1:00 Caregivers Group w/GG 1:00 Leisure Games-Mah Jongg 1:15 Journaling for Creatives During Difficult Times 2:30 Movie: The Gardener 3:00 EFT Tapping with Margo</p>	<p>21 SHAVUOT -21-23 9:00 Chair Yoga with Anita 9:45 Chair Yoga w/ Anita 10:00 Knitting Club 11:00 Folk Dancing 12:00 Concerts in Motion: Coffeehouse Thursday 12:00 Lunch 1:00 Chorus—Cancel 1:15 Presentation: The Call of the West: The Art of Joseph Henry By Phoenix Museum 2:30 Watercolor with April</p> 	<p>22 MEMORIAL DAY CELEBRATION 9:00 Breakfast Club 10:00 Get Fit with Stuart 10:00 Sculpture Class 11:00 Creative Writing 11:00 Feldenkrais 11:30 Trip: Tonys' Pier 12:00 Lunch 12:45 Non ACBL Duplicate Bridge w/Rich 2:00 Concerts in Motion: Celebration Friday 2:00 Leisure Games-Beginners Bridge</p>
<p>25 MEMORIAL DAY</p> 	<p>26 10:00 Memoir Writing 10:00 Total Body Sculpt /Sarah 11:00 Brain Booster/Trivia 12:00 Lunch 12:00 Concerts in Motion: Songbook Tuesday 1:00 Collage Class w/Annellen 1:00 Coloring Books 1:00 Tech Group w/Caroline 1:15 Presentation: Arthritis Awareness by Montefiore 2:30 Journaling for Creatives During Difficult Times 3:00 Yoga for Joint Health</p>	<p>27 BIRTHDAY PARTY 9:00 Breakfast Club 9:30 Self Massage w/Kathleen 10:00 Women's Empowerment Group w/GG 10:00 Pastels w/Daniel Hauben 10:30 Art Deco Presents: Women in Design New York 11:00 Fit for Life w/Sarah 12:00 Lunch 1:00 Birthday Party 1:15 Journaling for Creatives During Difficult Times 2:30 movie: The Joy Luck Club 3:00 EFT Tapping with Margo</p>	<p>28 9:00 Chair Yoga with Anita 9:45 Chair Yoga w/ Anita 10:00 Knitting Club 11:00 Folk Dancing 11:00 Trip: Whitney Museum Exhibit 12:00 Concerts in Motion: Coffeehouse Thursday 12:00 Lunch 1:00 Chorus—with Cheryl 2:30 Watercolor w/April</p>	<p>29 9:00 Breakfast Club 10:00 Get Fit with Stuart 10:00 Sculpture Class 11:00 Creative Writing 11:00 Feldenkrais 12:00 Lunch 12:45 Non ACBL Duplicate Bridge w/Rich 2:00 Concerts in Motion: Celebration Friday 2:00 Leisure Games-Beginners Bridge</p>