Hearing that a family member or good friend has dementia can be scary.

- **For over 20 years**, the RSS Adult Day Center has been devoted to those 60+ that are challenged by memory loss.
- **Unlike other programs** that exist and include people with major mental or physical challenges, the RSS Adult Day Center is laser-focused on working with people with dementia.
- At RSS, we see the person who comes to our program as an individual, and not as the diagnosis they have.
- Our goal is to help our members with dementia reduce the social isolation and boredom that can affect them.
- RSS has been in the Northwest Bronx for over 45 years. The Adult Day program has a strong connection with the larger RSS Center and its programs and services.

**Trial days are available for first-time members at no cost. The program fee is waived for that day.**

Peter Swanson is the Director of the Adult Day Program; He has over 15 years experience working with older adults. Peter also leads the Caregiver Support Group for the Children and Grandchildren of those with Alzheimer's held at the Allen Hospital.

**Contact: Peter Swanson, LMSW**

pswanson@rssny.org, 718.884.5900
Individualized, small group programs

Beautiful, open setting

Home-cooked meals by a wonderful chef

Guidance from a social worker about long-term care planning

Weekday respite for caregivers

Caregiver support groups

Access to all RSS programs and services

Round-trip transportation in the Riverdale/Kingsbridge area

Information and resources from knowledgeable professionals

Peace of mind