

RSS - Center for  
Ageless Living  
YouTube Channel



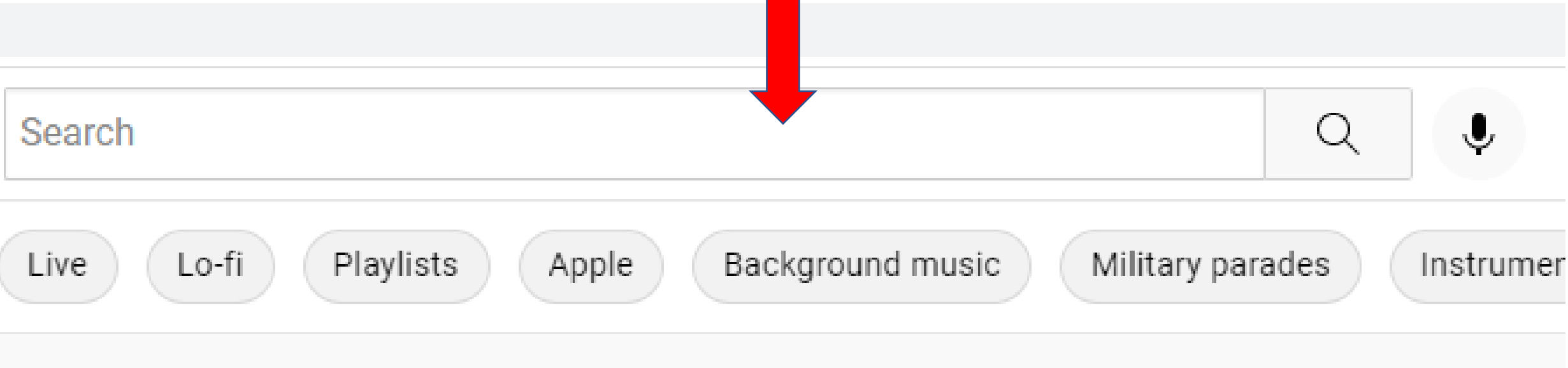


# How to access RSS YouTube Page on a computer

Step 1: Search for youtube.com in your internet browser.



Step 2: Search for "RSS Center of ageless living" in the white search bar at the top of the screen.



**Step 3: After typing "RSS Center of ageless living", Click on the search icon or "Enter" on the keyboard.**



rss center of ageless living



# Step 4: Click on our profile picture to access our page and view all videos.



Subscriptions

Library



RSS - Center for Ageless Living

155 subscribers • 119 videos

SUBSCRIBED



Latest from RSS - Center for Ageless Living



RSS Retirement Party for Betty!

25 views • 3 days ago

**RSS** RSS - Center for Ageless Living

New



How to find specific videos  
on our YouTube page  
(computer feature only)

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# Step 1: Find and click the search icon on our YouTube Page.



The screenshot shows the YouTube channel page for 'RSS - Center for Ageless Living'. At the top, the search bar contains the text 'rss center of ageless living'. Below the search bar is a large green leaf image. The channel name 'RSS - Center for Ageless Living' and '155 subscribers' are displayed. A 'SUBSCRIBED' button is visible. The navigation bar includes 'HOME', 'VIDEOS', 'PLAYLISTS', 'CHANNELS', 'ABOUT', and a search icon. A red arrow points to the search icon. Below the navigation bar, the 'Uploads' section is visible, showing a list of videos with their titles, view counts, and upload dates.

Video Title	Views	Upload Date	Duration
RSS Retirement Party for Betty!	25 views	3 days ago	11:40
Women's Equality Day	21 views	9 days ago	28:27
Massage and Mindfulness Meditation with Paula	700 views	3 weeks ago	40:30
Food Safety with Maudene	15 views	1 month ago	58:09
Guided Meditation with Barbara	192 views	1 month ago	36:13

Step 2: Type the name of the video you are looking for and hit "Enter" on the keyboard (example: Guided Meditation with Barbara)



The screenshot shows the YouTube channel page for 'RSS - Center for Ageless Living'. The channel has 155 subscribers and is marked as 'SUBSCRIBED'. The search bar contains the text 'Meditation with Barbara'. Two videos are displayed:

- Guided Meditation with Barbara**  
RSS - Center for Ageless Living • 192 views • 1 month ago  
Duration: 36:13
- Sitting Hun Yuan Qi Gong with Bruce McKenna**  
RSS - Center for Ageless Living • 296 views • 2 years ago  
Duration: 8:04

The left sidebar contains navigation icons for Home, Explore, Shorts, Subscriptions, and Library.



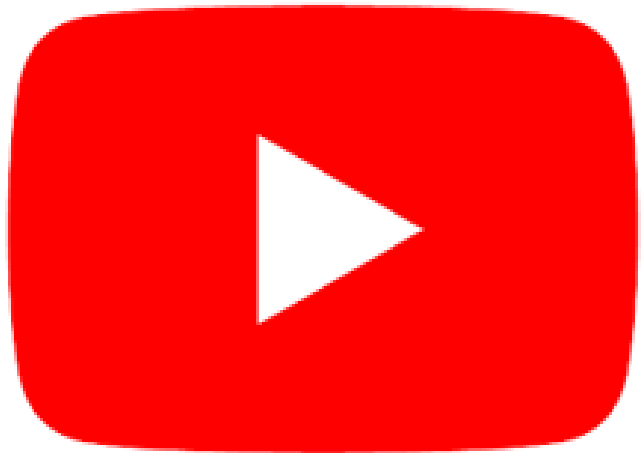


# How to access RSS YouTube Page on a smartphone/ tablet

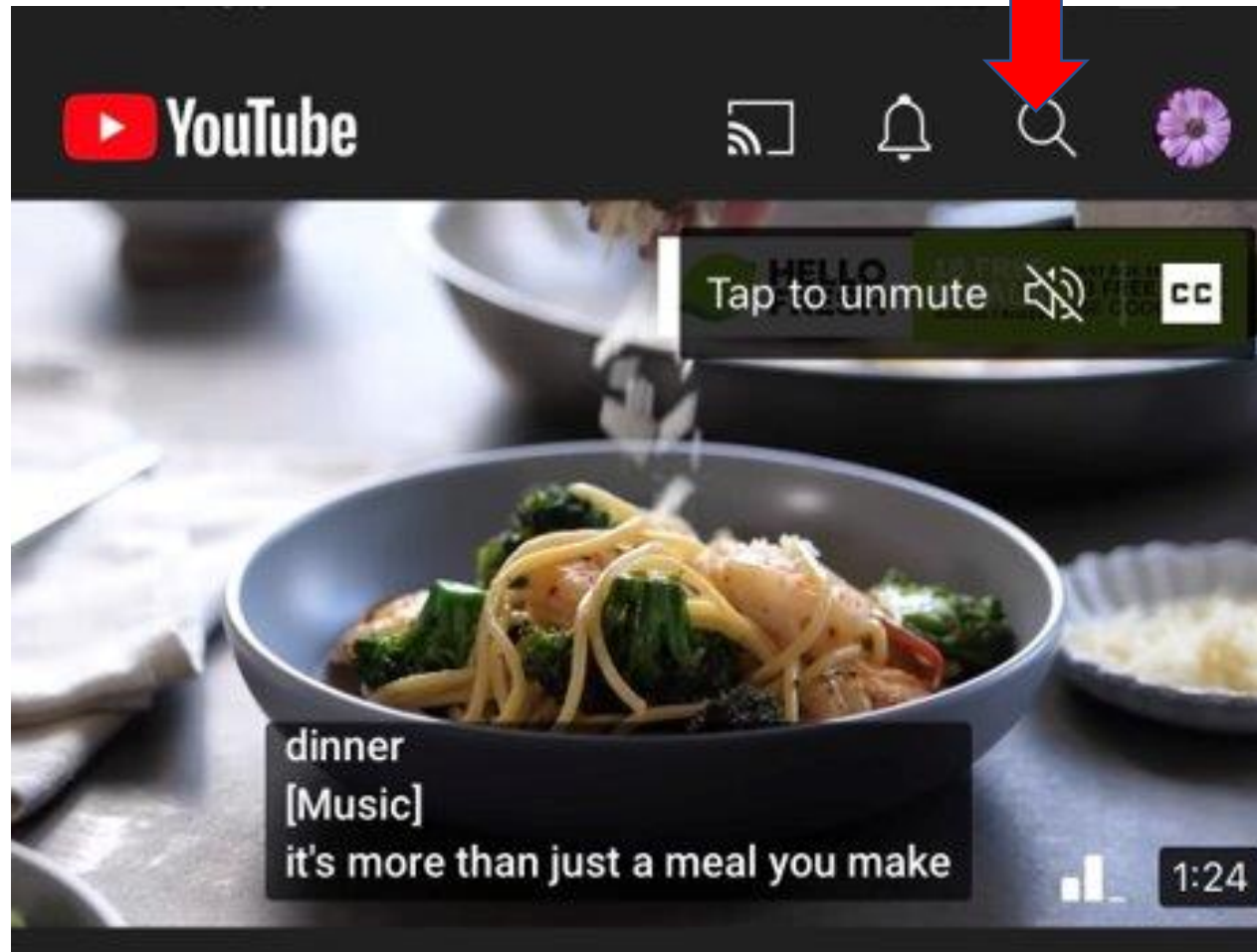
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Step 1: Go to the App Store (Apple Devices) or Google Play Store (Android Devices) and download the "YouTube" App.




Step 2: On a smartphone or tablet, locate and tap the magnifying glass icon at the top of the screen. Type "RSS Center of ageless living".





Step 3: Tap on our profile picture to access our videos.



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 RSS - Center for Ageless Living  
143 subscribers · 113 videos  
**SUBSCRIBE**

 1:55

 **RSS Overview Video**  
RSS - Center for Ageless Living · 384 views · 3 years ago ⋮